

**Evidence-based & Promising Practices at ARI Sites
(from the 2015 Annual Report)**

Assessments	Program Models	Probation Methods & Tools	Treatment & Therapy	Recovery & Support
Level of Service Inventory-Revised (LSI-R)	Adult drug court	Effective Practices in Community Supervision (EPICS)	Matrix model	Recovery coaching
Texas Christian University (TCU) screening & assessments	Adult mental health court	Effective Casework Model	Dialectical-Behavior Therapy (DBT)	Twelve-Step Facilitation Therapy (AA, NA)
Global Appraisal of Individual Needs (GAIN)	Intensive supervision (surveillance & treatment)	Motivational interviewing (MI)	Medication Assisted Treatment (MAT)	SMART Recovery (Self Management and Recovery Training)
Substance Abuse Subtle Screening Inventory (SASSI)	Hawaii's Opportunity Probation with Enforcement (HOPE)	Swift & certain/ graduated sanction case management for substance abusing offenders	Integrated Dual Disorder Therapy	Wellness Recovery Action Planning (WRAP)
Risk and Needs Triage (RANT)		Electronic monitoring	Assertive Community Treatment (ACT)	Transitional and supportive housing
Client Evaluation of Self Treatment (CEST)		Carey Guides – Brief Intervention Tools (BITS)	Cognitive behavioral therapy (CBT) (for high and moderate risk offenders) - Thinking for a Change (T4C) - Moral Reconciliation Therapy (MRT) - Strategies for Self Improvement and Change (SSC) - Relapse Prevention Therapy (RPT) - Moving On - Co-occurring Disorders Program (CDP) - Anger Management - Motivational Enhancement Therapy - A New Direction	Wrap-around services - Community Reinforcement Approach - Cultural Competency - Family psycho-education - Work therapy - Employment retention
PTSD Checklist Civilian Version (PCL-C), Trauma Screening Questionnaire (TSQ), Suicide Behaviors Questionnaire Revised (SBQ-R)			Trauma-informed therapy - Seeking Safety - Trauma Recovery & Empowerment Model (TREM) - Helping Men/Women Recover	